

# PROMISES RELATING TO THE TROUBLES OF LIFE

## **1. IN GENERAL**

#### PRESERVATION FROM TROUBLE

"For this shall every one that is godly pray unto thee in a time when thou mayest be found: surely in the floods of great waters they shall not come nigh unto him. Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance" (Psalm 32:6, 7).

"He shall deliver thee in six troubles: yea, in seven there shall no evil touch thee" (Job 5:19).

"The LORD preserveth the faithful" (Psalm 31:23).

"There shall no evil befall thee, neither shall any plague come nigh thy dwelling" (Psalm 91:10).

"There shall no evil happen to the just" (Proverbs 12:21).

"The way of the slothful man is as an hedge of thorns: but the way of the righteous is made plain" (Proverbs 15:19).

#### DELIVERANCE FROM TROUBLE

"Behold, God will not cast away a perfect man, neither will he help the evil doers: Till he fill thy mouth with laughing, and thy lips with rejoicing. (Job 8:20, 21).

"Thou shalt forget thy misery, and remember it as waters that pass away" (Job 11:16).

"Even so would he have removed thee out of the strait into a broad place, where there is no straitness; and that which should be set on thy table should be full of fatness" (Job 36:16).

"For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning" (Psalm 30:5).

"Many are the afflictions of the righteous: but the LORD delivereth him out of them all" (Psalm 34:19).

"Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God" (Psalm 42:11).

"Though ye have lien among the pots, yet shall ye be as the wings of a dove covered with silver, and her feathers with yellow gold" (Psalm 68:13).

"Thou, which hast shewed me great and sore troubles, shalt quicken me again, and shalt bring me up again from the depths of the earth" (Psalm 71:20).

"For thou wilt save the afflicted people; but wilt bring down high looks. For thou wilt light my candle: the LORD my God will enlighten my darkness" (Psalm 18:27, 28).

"The LORD openeth the eyes of the blind: the LORD raiseth them that are bowed down" (Psalm 146:8).

"They cry unto the LORD in their trouble, and he saveth them out of their distresses" (Psalm 107:19).

"They that sow in tears shall reap in joy. He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him" (Psalm 126:5, 6).

"The righteous is delivered out of trouble, and the wicked cometh in his stead" (Proverbs 11:8).

"The wicked is snared by the transgression of his lips: but the just shall come out of trouble" (Proverbs 12:13).

"For a just man falleth seven times, and riseth up again" (Proverbs 24:16).

"I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end" (Jeremiah 29:11).

"Their soul shall be as a watered garden; and they shall not sorrow any more at all. I will turn their mourning into joy, and will comfort them, and make them rejoice from their sorrow" (Jeremiah 31:12, 13).

"Come, and let us return unto the LORD: for he hath torn, and he will heal us; he hath smitten, and he will bind us up" (Hosea 6:1).

#### SUPPORT IN TROUBLE

"The LORD also will be a refuge for the oppressed, a refuge in times of trouble" (Psalm 9:9).

"He hath not despised nor abhorred the affliction of the afflicted; neither hath he hid his face from him; but when he cried unto him, he heard" (Psalm 22:24).

"When my father and my mother forsake me, then the LORD will take me up. Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD" (Psalm 27:10, 14). "Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand. The salvation of the righteous is of the LORD: he is their strength in the time of trouble" (Psalm 37:24, 39).

"The LORD is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower" (Psalm 18:2).

"God is our refuge and strength, a very present help in trouble. Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea; though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah" (Psalm 46:1-3).

"Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved" (Psalm 55:22).

"I will be glad and rejoice in thy mercy: for thou hast considered my trouble; thou hast known my soul in adversities" (Psalm 31:7).

"I have surely seen the affliction of my people which are in Egypt, and have heard their cry by reason of their taskmasters; for I know their sorrows" (Exodus 3:7).

"Blessed is he that considereth the poor: the LORD will deliver him in time of trouble" (Psalm 41:1).

"Thou hast given commandment to save me; for thou art my rock and my fortress" (Psalm 71:3).

"Unto the upright there ariseth light in the darkness" (Psalm 112:4).

"Who remembered us in our low estate: for his mercy endureth for ever" (Psalm 136:23).

"Though I walk in the midst of trouble, thou wilt revive me: thou shalt stretch forth thine hand against the wrath of mine enemies, and thy right hand shall save me" (Psalm 138:7).

"My flesh and my heart faileth: but God is the strength of my heart" (Psalm 73:26).

"The LORD upholdeth all that fall, and raiseth up all those that be bowed down" (Psalm 145:14).

"Thou hast been a strength to the poor, a strength to the needy in his distress, a refuge from the storm, a shadow from the heat, when the blast of the terrible ones is as a storm against the wall" (Isaiah 25:4).

"In measure, when it shooteth forth, thou wilt debate with it: he stayeth his rough wind in the day of the east wind" (Isaiah 27:8).

"He will not lay upon man more than right; that he should enter into judgment with God" (Job 34:23).

"Who is among you that feareth the LORD, that obeyeth the voice of his servant, that walketh in darkness, and hath no light? let him trust in the name of the LORD, and stay upon his God" (Isaiah 50:10).

"For the Lord will not cast off for ever: But though he cause grief, yet will he have compassion according to the multitude of his mercies. For he doth not afflict willingly nor grieve the children of men" (Lamentations 3:31-33).

"O LORD, my strength, and my fortress, and my refuge in the day of affliction" (Jeremiah 16:19).

"I am with thee, saith the LORD, to save thee: though I make a full end of all nations whither I have scattered thee, yet will I not make a full end of thee: but I will correct thee in measure, and will not leave thee altogether unpunished" (Jeremiah 30:11).

"Rejoice not against me, O mine enemy: when I fall, I shall arise; when I sit in darkness, the LORD shall be a light unto me. I will bear the indignation of the LORD, because I have sinned against him, until he plead my cause, and execute judgment for me: he will bring me forth to the light, and I shall behold his righteousness" (Micah 7:8, 9).

"The LORD is good, a strong hold in the day of trouble; and he knoweth them that trust in him" (Nahum 1:7).

"Come unto me, all ye that labour and are heavy laden, and I will give you rest" (Matthew 11:28).

"These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world" (John 16:33).

"For as the sufferings of Christ abound in us, so our consolation also aboundeth by Christ" (2 Corinthians 1:5).

"We are troubled on every side, yet not distressed; we are perplexed, but not in despair; Persecuted, but not forsaken; cast down, but not destroyed" (2 Corinthians 4:8, 9).

## 2. PROMISES RELATING TO SICKNESS, OLD AGE, ETC.

#### **DELIVERANCE FROM SICKNESS**

"Ye shall serve the LORD your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee" (Exodus 23:25).

"If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee" (Exodus 15:26).

"He is gracious unto him, and saith, Deliver him from going down to the pit: I have found a ransom. His flesh shall be fresher than a child's: he shall return to the days of his youth: He shall pray unto God, and he will be favourable unto him: and he shall see his face with joy: for he will render unto man his righteousness. He will deliver his soul from going into the pit, and his life shall see the light" (Job 33:24-26, 28).

"Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence. Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day; Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday" (Psalm 91:3, 5, 6).

"Who forgiveth all thine iniquities; who healeth all thy diseases" (Psalm 103:3).

"The LORD will take away from thee all sickness, and will put none of the evil diseases of Egypt, which thou knowest, upon thee" (Deuteronomy 7:15).

"Behold, I will bring it health and cure, and I will cure them, and will reveal unto them the abundance of peace and truth" (Jeremiah 33:6).

#### SUPPORT IN SICKNESS

"The LORD will strengthen him upon the bed of languishing: thou wilt make all his bed in his sickness" (Psalm 41:3).

"The LORD preserveth the simple: I was brought low, and he helped me" (Psalm 116:6).

"Notwithstanding she shall be saved in childbearing, if they continue in faith and charity and holiness with sobriety" (1 Timothy 2:15).

"He will also bless the fruit of thy womb" (Deuteronomy 7:13).

"Even by the God of thy father, who shall help thee; and by the Almighty, who shall bless thee with blessings of heaven above, blessings of the deep that lieth under, blessings of the breasts, and of the womb" (Genesis 49:25).

#### IN OLD AGE

"Cast me not off in the time of old age; forsake me not when my strength faileth" (Psalm 71:9).

"And even to your old age I am he; and even to hoar hairs will I carry you: I have made, and I will bear; even I will carry, and will deliver you" (Isaiah 46:4).

"The hoary head is a crown of glory, if it be found in the way of righteousness" (Proverbs 16:31).

## 3. DELIVERANCE FROM FAMINE AND WANT

"In famine he shall redeem thee from death. At destruction and famine thou shalt laugh" (Job 5:20, 22).

"Behold, the eye of the LORD is upon them that fear him, upon them that hope in his mercy; to deliver their soul from death, and to keep them alive in famine" (Psalm 33:18, 19).

"They shall not be ashamed in the evil time: and in the days of famine they shall be satisfied" (Psalm 37:19).

"Which give h food to the hungry" (Psalm 146:7).

"When the poor and needy seek water, and there is none, and their tongue faileth for thirst, I the LORD will hear them, I the God of Israel will not forsake them" (Isaiah 41:17).

"I will call for the corn, and will increase it, and lay no famine upon you. And I will multiply the fruit of the tree, and the increase of the field, that ye shall receive no more reproach of famine among the heathen" (Ezekiel 36:29, 30).

"Ask ye of the LORD rain in the time of the latter rain; so the LORD shall make bright clouds, and give them showers of rain, to every one grass in the field" (Zechariah 10:1).

"He satisfieth the longing soul, and filleth the hungry soul with goodness" (Psalm 107:9).

"Although the fig tree shall not blossom, neither shall fruit be in the vines; the labour of the olive shall fail, and the fields shall yield no meat; the flock shall be cut off from the fold, and there shall be no herd in the stalls: Yet I will rejoice in the LORD, I will joy in the God of my salvation" (Habakkuk 3:17, 18).

"Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God" (Matthew 4:4).

### 4. DELIVERANCE FROM WAR AND ENEMIES

#### FROM WAR

"The LORD your God is he that goeth with you, to fight for you against your enemies, to save you. For the LORD thy God walketh in the midst of thy camp, to deliver thee, and to give up thine enemies before thee; therefore shall thy camp be holy: that he see no unclean thing in thee, and turn away from thee" (Deuteronomy 20:4; 23:14).

"In war from the power of the sword" (Job 5:20).

"Through God we shall do valiantly: for he it is that shall tread down our enemies" (Psalm 60:12).

"Behold, God himself is with us for our captain" (2 Chronicles 13:12).

"Be not afraid of sudden fear, neither of the desolation of the wicked, when it cometh. For the LORD shall be thy confidence, and shall keep thy foot from being taken" (Proverbs 3:25, 26).

"Behold, all they that were incensed against thee shall be ashamed and confounded: they shall be as nothing; and they that strive with thee shall perish. Thou shalt seek them, and shalt not find them, even them that contended with thee: they that war against thee shall be as nothing, and as a thing of nought" (Isaiah 41:11, 12).

"I will deliver thee in that day, saith the LORD: and thou shalt not be given into the hand of the men of whom thou art afraid. For I will surely deliver thee, and thou shalt not fall by the sword, but thy life shall be for a prey unto thee: because thou hast put thy trust in me, saith the LORD" (Jeremiah 39:17, 18).

#### FROM ENEMIES

"Fear not: for they that be with us are more than they that be with them" (2 Kings 6:16).

"LORD, it is nothing with thee to help, whether with many, or with them that have no power" (2 Chronicles 14:11).

"The LORD your God ye shall fear; and he shall deliver you out of the hand of all your enemies" (2 Kings 17:39).

"Shew thy marvellous loving kindness, O thou that savest by thy right hand them which put their trust in thee from those that rise up against them" (Psalm 17:7).

"In the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock. And now shall mine head be lifted up above mine enemies round about me: therefore will I offer in his tabernacle sacrifices of joy; I will sing, yea, I will sing praises unto the LORD" (Psalm 27:5, 6).

"The wicked watcheth the righteous, and seeketh to slay him. The LORD will not leave him in his hand, nor condemn him when he is judged. And the LORD shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him" (Psalm 37:32, 33, 40).

"He preserveth the souls of his saints; he delivereth them out of the hand of the wicked" (Psalm 97:10).

"His heart is established, he shall not be afraid, until he see his desire upon his enemies" (Psalm 112:8).

"The LORD taketh my part with them that help me: therefore shall I see my desire upon them that hate me" (Psalm 118:7). "The rod of the wicked shall not rest upon the lot of the righteous; lest the righteous put forth their hands unto iniquity" (Psalm 125:3).

"They that hate thee shall be clothed with shame; and the dwelling place of the wicked shall come to nought" (Job 8:22).

"When a man's ways please the LORD, he maketh even his enemies to be at peace with him" (Proverbs 16:7).

"Thou shalt bring down the noise of strangers, as the heat in a dry place; even the heat with the shadow of a cloud: the branch of the terrible ones shall be brought low" (Isaiah 25:5).

"Whosoever shall gather together against thee shall fall for thy sake. No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD" (Isaiah 54:15, 17).

"The LORD shall cause thine enemies that rise up against thee to be smitten before thy face: they shall come out against thee one way, and flee before thee seven ways" (Deuteronomy 28:7).

"Shall not God avenge his own elect, which cry day and night unto him, though he bear long with them? I tell you that he will avenge them speedily" (Luke 18:7, 8).

"I am with thee, and no man shall set on thee to hurt thee" (Acts 18:10).

"So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me. The LORD is on my side; I will not fear: what can man do unto me?" (Hebrews 13:6; Psalm 118:6).

"That we should be saved from our enemies, and from the hand of all that hate us; That he would grant unto us, that we being delivered out of the hand of our enemies might serve him without fear, in holiness and righteousness before him, all the days of our life" (Luke 1:71, 74, 75).

#### 5. FROM OPPRESSION AND INJUSTICE

"If thou at all take thy neighbour's raiment to pledge, thou shalt deliver it unto him by that the sun goeth down: For that is his covering only, it is his raiment for his skin: wherein shall he sleep? and it shall come to pass, when he crieth unto me, that I will hear; for I am gracious" (Exodus 22:26, 27).

"For the oppression of the poor, for the sighing of the needy, now will I arise, saith the LORD; I will set him in safety from him that puffeth at him" (Psalm 12:5).

"All my bones shall say, LORD, who is like unto thee, which deliverest the poor from him that is too strong for him, yea, the poor and the needy from him that spoileth him?" (Psalm 35:10).

"He shall judge the poor of the people, he shall save the children of the needy, and shall break in pieces the oppressor. He shall redeem their soul from deceit and violence: and precious shall their blood be in his sight" (Psalm 72:4, 14).

"He shall stand at the right hand of the poor, to save him from those that condemn his soul" (Psalm 109:31).

"Which executeth judgment for the oppressed" (Psalm 146:7).

"If thou seest the oppression of the poor, and violent perverting of judgment and justice in a province, marvel not at the matter: for he that is higher than the highest regardeth; and there be higher than they" (Ecclesiastes 5:8). "In righteousness shalt thou be established: thou shalt be far from oppression; for thou shalt not fear: and from terror; for it shall not come near thee" (Isaiah 54:14).

### 6. FROM SLANDER AND REPROACH

### SLANDER

"Thou shalt be hid from the scourge of the tongue: neither shalt thou be afraid of destruction when it cometh" (Job 5:21).

"Thou lift up thy face without spot" (Job 11:15).

"He shall bring forth thy righteousness as the light, and thy judgment as the noonday" (Psalm 37:6).

"Thou shalt hide them in the secret of thy presence from the pride of man: thou shalt keep them secretly in a pavilion from the strife of tongues" (Psalm 31:20).

"He shall send from heaven, and save me from the reproach of him that would swallow me up. Selah. God shall send forth his mercy and his truth" (Psalm 57:3).

## REPROACH

"Hearken unto me, ye that know righteousness, the people in whose heart is my law; fear ye not the reproach of men, neither be ye afraid of their revilings. For the moth shall eat them up like a garment, and the worm shall eat them like wool: but my righteousness shall be for ever, and my salvation from generation to generation" (Isaiah 51:7, 8). "Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad: for great is your reward in heaven" (Matthew 5:11, 12).

"Esteeming the reproach of Christ greater riches than the treasures in Egypt: for he had respect unto the recompence of the reward" (Hebrews 11:26).

"If ye be reproached for the name of Christ, happy are ye; for the spirit of glory and of God resteth upon you: on their part he is evil spoken of, but on your part he is glorified" (1 Peter 4:14).

## 7. FROM WITCHCRAFT

"Surely there is no enchantment against Jacob, neither is there any divination against Israel" (Numbers 23:23).

## 8. PROMISES TO THE STRANGER AND THE EXILE

"He loveth the stranger, in giving him food and raiment" (Deuteronomy 10:18).

"The LORD preserveth the strangers" (Psalm 146:9).

"Thus saith the Lord GOD; Although I have cast them far off among the heathen, and although I have scattered them among the countries, yet will I be to them as a little sanctuary in the countries where they shall come" (Ezekiel 11:16).

## 9. TO THE POOR AND HELPLESS

"The needy shall not alway be forgotten: the expectation of the poor shall not perish for ever" (Psalm 9:18).

"Thou, O God, hast prepared of thy goodness for the poor" (Psalm 68:10).

"The LORD heareth the poor" (Psalm 69:33).

"I will satisfy her poor with bread" (Psalm 132:15).

"The firstborn of the poor shall feed, and the needy shall lie down in safety" (Isaiah 14:30).

"He shall judge thy people with righteousness, and thy poor with judgment. He shall deliver the needy when he crieth; the poor also, and him that hath no helper. He shall spare the poor and needy, and shall save the souls of the needy" (Psalm 72:2, 12, 13).

"He will regard the prayer of the destitute, and not despise their prayer" (Psalm 102:17).

"Yet setteth he the poor on high from affliction, and maketh him families like a flock" (Psalm 107:41).

"He raiseth up the poor out of the dust, and lifteth the needy out of the dunghill" (Psalm 113:7).

"Sing unto the LORD, praise ye the LORD: for he hath delivered the soul of the poor from the hand of evildoers" (Jeremiah 20:13).

"He saveth the poor from the sword, from their mouth, and from the hand of the mighty. So the poor hath hope, and iniquity stoppeth her mouth" (Job 5:15, 16).

"He delivereth the poor in his affliction, and openeth their ears in oppression" (Job 36:15).

"Let the brother of low degree rejoice in that he is exalted" (James 1:9).

"Hearken, my beloved brethren, Hath not God chosen the poor of this world rich in faith, and heirs of the kingdom which he hath promised to them that love him?" (James 2:5).

"Abraham said, Son, remember that thou in thy lifetime receivedst thy good things, and likewise Lazarus evil things: but now he is comforted, and thou art tormented" (Luke 16:25).

### 10. TO THE FATHERLESS AND WIDOW

"Ye shall not afflict any widow, or fatherless child. If thou afflict them in any wise, and they cry at all unto me, I will surely hear their cry; and my wrath shall wax hot, and I will kill you with the sword; and your wives shall be widows, and your children fatherless" (Exodus 22:22-24).

"He doth execute the judgment of the fatherless and widow" (Deuteronomy 10:18).

"The poor committeth himself unto thee; thou art the helper of the fatherless. To judge the fatherless and the oppressed, that the man of the earth may no more oppress" (Psalm 10:14, 18).

"A father of the fatherless, and a judge of the widows, is God in his holy habitation" (Psalm 68:5).

"He relieveth the fatherless and widow" (Psalm 146:9).

"The LORD will destroy the house of the proud: but he will establish the border of the widow" (Proverbs 15:25).

"Remove not the old landmark; and enter not into the fields of the fatherless: For their Redeemer is mighty; he shall plead their cause with thee" (Proverbs 23:10, 11).

"Leave thy fatherless children, I will preserve them alive; and let thy widows trust in me" (Jeremiah 49:11).

"In thee the fatherless findeth mercy" (Hosea 14:3).

# 11. TO THE CHILDLESS

"God setteth the solitary in families" (Psalm 68:6).

"He maketh the barren woman to keep house, and to be a joyful mother of children" (Psalm 113:9).

"Thus saith the LORD unto the eunuchs that keep my Sabbaths, and choose the things that please me, and take hold of my covenant; even unto them will I give in mine house and within my walls a place and a name better than of sons and of daughters: I will give them an everlasting name, that shall not be cut off" (Isaiah 56:4, 5).

## 12. TO THE PRISONER AND CAPTIVE

"He bringeth out those which are bound with chains" (Psalm 68:6).

"The LORD looseth the prisoners" (Psalm 146:7).

"If any of thine be driven out unto the outmost parts of heaven, from thence will the LORD thy God gather thee, and from thence will he fetch thee" (Deuteronomy 30:4).

"He despiseth not his prisoners" (Psalm 69:33).

"[He] brought them out of darkness and the shadow of death, and brake their bands in sunder" (Psalm 107:14).

"The captive exile hasteneth that he may be loosed, and that he should not die in the pit, nor that his bread should fail" (Isaiah 51:14).

"Thus saith the LORD, Even the captives of the mighty shall be taken away, and the prey of the terrible shall be delivered: for I will contend with him that contendeth with thee, and I will save thy children" (Isaiah 49:25).

"Verily it shall be well with thy remnant; verily I will cause the enemy to entreat thee well in the time of evil and in the time of affliction" (Jeremiah 15:11).

#### 13. DELIVERANCE FROM DEATH

"He will deliver his soul from going into the pit, and his life shall see the light" (Job 33:28).

"He that is our God is the God of salvation; and unto GOD the Lord belong the issues from death" (Psalm 68:20).

"O bless our God, ye people, and make the voice of his praise to be heard: which holdeth our soul in life, and suffereth not our feet to be moved" (Psalms 66:8, 9).

"From heaven did the LORD behold the earth; to hear the groaning of the prisoner; to loose those that are appointed to death" (Psalm 102:19, 20).

"Their soul abhorreth all manner of meat; and they draw near unto the gates of death. Then they cry unto the LORD in their trouble, and he saveth them out of their distresses" (Psalm 107:18, 19).

"Precious in the sight of the LORD is the death of his saints" (Psalm 116:15).

"A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee" (Psalm 91:7).

"Thou that liftest me up from the gates of death" (Psalm 9:13).

"The LORD killeth, and maketh alive: he bringeth down to the grave, and bringeth up" (1 Samuel 2:6).

"See now that I, even I, am he, and there is no god with me: I kill, and I make alive; I wound, and I heal: neither is there any that can deliver out of my hand" (Deuteronomy 32:39).